

News from our Parish Groups | Newyddion o'n Grwpiau Plwyfol

Calendar of Upcoming Events | Calendr o Ddigwyddiadau i Ddod

- 9 July: **6.45pm** Our Father Talk Series: 'Give us this day our daily bread', given by Fr Greg, Neuadd Goffa
- 11 July: **6.15-7.45pm** men's retreat evening, Welsh Martyrs Church, followed by social
- 16 July: **10.45am** Gazebo Club visit to Llanbadarn Church
- 16 July: **6pm** Patronal Feast of Our Lady of Mount Carmel, Lampeter (minibus available)
- 20 July: **1pm-5pm** Laudato Si Garden Open Day
- 23 July: Gazebo Club trip to Llanllyr Garden, Talsarn
- 24-28 July: Menevia and Cardiff Youth Council pilgrimage to St Davids (14-18 year olds)
- 7 September: Diocesan pilgrimage to St Non's, Pembrokeshire

Diocesan News | Newyddion Esgobaethol

Diocesan Jobs Executive Headteacher (on an increase salary scale) for the Federation of Mary Immaculate in Haverfordwest and St Teilo's in Tenby (contact the Chair of Governors on patrickmansfield@hotmail.co.uk); also Permanent Headteacher at St John Lloyd Catholic School in Llanelli (more details from www.stjohnlloyd.co.uk, or by contacting the Clerk to the Governors on Joanne.Malpas@stjohnlloyd.co.uk, or 01554 772589).

Diocesan Pilgrimage Join Archbishop Mark O'Toole on a day pilgrimage to St Davids on September 7th. The day will consist of a guided tour of the Cathedral, a one-mile-walk to St Non's for Eucharistic Adoration and a tour of the newly-renovated Retreat Centre. If you're thinking of going, please contact the parish office.

Adoremus Eucharistic Congress This event on September 14th takes place in St Mary's College, Oscott, the site of the first Eucharistic procession post-Reformation. There are 11 tickets to be shared among our deanery. If you'd like your name in a ballot (couples can apply for a double ticket), please contact the parish office by Friday 12th July. For more info go to <https://www.cbcew.org.uk/home/events/adoremus-at-oscott/national-eucharistic-congress-2024/>.

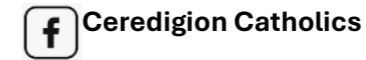
**Catholic Parishes of Aberystwyth and Lampeter
Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan**

Welsh Martyrs Church Piercefield Lane, Aberystwyth, SY23 1RX
Holy Cross Church Victoria Street, Aberaeron, SA46 0DA
Our Lady of Mount Carmel Pontfaen Road, Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Matthew Roche-Saunders | matthew.roche-saunders@menevia.org
Assistant Priest | Offeiriad Cynorthwyol Fr Gregory Beckett | greg.beckett@menevia.org

Parish Office | Swyddfa Plwyf 01970 617159 | 07481 250934 | aberystwyth@menevia.org | lampeter@menevia.org
Safeguarding Representative | Cynrychiolydd Diogelu Tess Truss | tesstruss@gmail.com | 07792 001608

Online | Ar-lein www.parishofaberystwyth.org.uk | www.catholicchurchlampeter.org



7 th July 2024 14 th Week in Ordinary Time Year B Weekday Year II			
Date Dyddiad	Aberystwyth Welsh Martyrs Merthyron Cymru	Aberaeron Holy Cross Groes Sanctaidd	Lampeter Llanbedr Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 7th July 14 th Sunday in Ordinary Time Sul Cyffredin 14	Saturday 6pm Vigil Mass <i>Ernesto Boscano RIP</i> 8.30am Holy Mass <i>Anne Kidner's intentions</i> 10am Confessions 10.30am Holy Mass <i>Priest's intention</i> 4.30pm Msza Święta po polsku (Mass in Polish) <i>Priest's intention</i>	8.40am Confessions 9am Holy Mass <i>People of the Parish</i>	11am Holy Mass <i>Billy Cashman RIP</i>
Mon 8th July			6pm Holy Mass <i>November Lists</i>
Tues 9th July St Augustine Zhao Rong & Companions	6pm Holy Mass <i>November Lists</i>	9.30am Adoration/Confessions 10.30am Holy Mass <i>November Lists</i>	
Wed 10th July	9am Adoration/Confessions 10am Holy Mass <i>November Lists</i>		
Thurs 11th July St Benedict	7.30am Holy Mass <i>November Lists</i> 6.15pm Men's Recollection		6pm Adoration/Confessions 7pm Holy Mass <i>November Lists</i>
Fri 12th July St John Jones	5pm Adoration/Confessions 6pm Holy Mass <i>November Lists</i>		
Sat 13th July Memorial of Our Lady	9.30am Adoration/Confessions 10.30am Holy Mass <i>November Lists</i>		
Sun 14th July 15 th Sunday in Ordinary Time Sul Cyffredin 15 <i>Sea Sunday</i>	Saturday 6pm Vigil Mass <i>Patricia Sheehan RIP</i> 8.30am Offeren yn Gymraeg (Mass in Welsh) <i>People of the Parish</i> 10am Confessions 10.30am Holy Mass <i>November Lists</i>	8.40am Confessions 9am Holy Mass <i>November Lists</i>	11am Holy Mass <i>Priest's intention</i>
Sunday Plate Collection Casgliad y Sul £851.63 (Aberystwyth) £75.75 (Lampeter) Diolch yn fawr am eich haelioni – many thanks for your generosity!			

General News | Newyddion Cyffredinol

Aberystwyth and Lampeter Clergy Moves Archbishop Mark has asked Fr Greg to move to the parish of Our Lady Queen of Peace in Llanelli. It's good to taste a range of pastoral settings in the first years of priesthood, and the parish of Llanelli is currently one priest and could do with the extra pair of hands. We give thanks to God for the six months Fr Greg has been with us, and we wish him all the best for the future. This move will go ahead at the end of July, and we'll have a chance to say goodbye to him before then. In his place we welcome Fr Dennis Opoku, a Ghanaian priest who has recently arrived in the UK – Fr Dennis will move to Aberystwyth in the coming week, and will accompany Fr Matt to the various Sunday Masses over the following two weekends. Please keep this intention in your prayers.

Ordination Llongyfarchiadau, warm congratulations to Fr Dale Cutlan, ordained on Saturday as the newest priest of the Archdiocese of Cardiff. Fr Dale will serve as assistant priest in the parishes of Bridgend and Porthcawl.

General Election We pray for Ben Lake, elected as MP for Ceredigion Preseli. May the Lord guide him in his work.

Collections Diolch yn fawr am eich haelioni – many thanks for your generosity. The money you give to the weekly Sunday collection goes into general parish funds, and is invaluable in our parish's missionary work of building the Kingdom of God across north Ceredigion. This work is dependent on your financial gift, and for that we're so grateful. Have you considered signing up to a standing order with your bank, instead of giving cash at the Sunday Mass? We can much more easily budget for upcoming needs if you're open to this, as we can more easily predict what our regular income is going to be. If you would like to sign up for this, please speak to Fr Matt.

Second Collections Last week's collection for Peter's Pence raised £277.54 in Aberystwyth/Aberaeron and £31.30 in Lampeter. Next week there's a collection for **Sea Sunday**, supporting those who minister to seafarers and fishers.

Electronic Newsletter If you'd like to receive this newsletter to your email inbox, please email the parish office.

Musicians Do you play an instrument? Or do you sing? Could this be a gift you could offer your parish to assist with musical worship at Sunday Mass or for other events? Please email the parish office if so!

Marie Woodling Diolch o galon a llongyfarchiadau i Marie – having been 'right-hand woman' to Enid at St Padarn's School for many years, Marie has taken up a new post as Business Manager at Penweddig School. We'll miss Marie at the school, and we thank God for the gifts she's generously shared.

Safeguarding Lanyard You can now spot more easily Tess Truss, our Parish Safeguarding Representative for Aberystwyth and Aberaeron – the Diocese has issued all such representatives with a new lanyard. At any time please speak to Tess or any of our safeguarding team (Fr Matt, Enid, Pete, Marie, Bob, Cris) with any concerns or queries.

Eisteddfod Genedlaethol Cymru | National Eisteddfod of Wales Each year there is a Mass in Welsh at the location of the National Eisteddfod. This year the Mass will be celebrated at St Dyfrig's Church, Treforest, at 6pm on Thursday 8th August, with light refreshments afterwards. Bishop Edwin Regan will preside, and Fr Gildas Parry O.Praem will preach. There are bilingual books available – please do make an effort to attend if possible.

Water Aid If you have interest in becoming a trained volunteer Speaker for Water Aid, please see the notice in the porch for more information.

Carmelite Young Adult Ministry Please find some leaflets in the porch for more information on the ministry for young adults offered by the Carmelites of this province, and some information about discerning a Carmelite vocation.

March for Life UK This annual event falls on Saturday 7th September, with the theme, 'Abortion Isn't Healthcare'. It begins at the Emmanuel Centre, London, from 10.30am, with the march beginning from there later in the day. If you'd like to attend and would like to be put in touch with someone regarding transport, please contact the parish office.

News from Welsh Martyrs Church | Newyddion o Eglwys Merthyron Cymru

Jubilee Storehouse Food Bank Our local food bank is situated at St Anne's Church in Penparcau, and is looking for volunteers to help with this project: they need people to **distribute food parcels** on Thursdays from 10am to 2pm (training will be given), and others to offer **telephone duty** from home to deal with food parcel requests, any time to suit you Monday to Friday. Please speak to Relda if you're interested in volunteering.

60+ Gazebo Club Three events for your diaries (please contact Madeleine for more info on 07866 626519):

- **Tue 16th July** for a visit to Llanbadarn Church – beginning with coffee at 10.45am, a guided tour of the church for about 90 minutes, and then lunch in the Black Lion across the road
- **Tue 23rd July** for a visit to Llanllyr Garden near Talsarn – more info to follow

Groundskeeping Many thanks to our garden team for the newly laid white stones next to the paths at Welsh Martyrs Church – the colour complements the building so well! However the chippings are loose and larger than the previous stones – so if they get kicked on to the path they can become a hazard. **Please ask your children not to play with the stones.** Please also do not walk across the area with chippings by the front door, but instead walk around (the pot plants act as a reminder that it is not a walkway). Keeping our grounds beautiful and safe is a team effort!

Msza Św. po polsku Ks. Krzysztof zdecydował się nie kontynuować dalszego odprawiania Mszy Świętej w Aberystwyth, po zakończeniu okresu próbnego. Jest to spowodowane małą liczbą uczestniczących we Mszy Św. W związku z tym, ostatnia Polska Msza Święta w Aberystwyth odbędzie się w Niedziele 7mego Lipca o godzinie 16:30. Ks. Krzysztof jest nadal bardzo chętny by przejechać do Aberystwyth służąc sakramentem spowiedzi po polsku w poszczególnych dniach roku. Polska Msza Święta będzie dalej celebrowana w Lampeter w drugą i czwartą Niedzielę miesiąca o godzinie 18:00.

Mass in Polish Please note that following the trial period of a monthly Polish Mass in Aberystwyth, Fr Krzysztof has decided not to continue this when the trial comes to an end. This is due to lack of numbers attending the Mass. Therefore the last monthly Polish Mass in Aberystwyth will be at 4.30pm this Sunday 7th July. Fr Krzysztof is very willing to come to Aberystwyth to hear confessions in Polish at certain times of the year. Mass in Polish will continue to be celebrated in Lampeter at 6pm on the second and fourth Sundays of the month.

Our Father Series: 'Give us this day our daily bread' The next talk will be at 6.45pm this coming Tuesday 9th July at Neuadd Goffa in Penparcau, given by Fr Greg Beckett. All welcome!

Men's Recollection Next retreat evening and social will be this Thursday 11th July at Welsh Martyrs, 6.15-7.45 (social follows after). All men welcome for some prayer and fellowship together!

Minibus to Lampeter If you'd like to join the celebrations in Lampeter for the parish feast day of Our Lady of Mount Carmel on Tuesday 16th July, we've booked a minibus to go from Aberystwyth. More details closer to the time, and it will depend on numbers interested. Please contact Madeleine Stocks if you'd like a place on the bus (07866 626519).

Laudato Si Garden Open Day Come along on Saturday 20th July for a fun-packed day in the Laudato Si Garden – music, stories, tea and cake, nature walks, and more – **from 1pm to 5pm**, £3 waged/£2 unwaged entry fee, with all funds going to support the work of this wonderful social project. Please pray for nice weather!

Volunteers for Tea and Coffee It's great to see so many after Sunday Mass for coffee and a chat! We have very few people on the rota for this important sign of welcome. Could you help out once a month?

News from Our Lady of Mount Carmel | Newyddion o Eglwys Ein Harglwyddes o Fynydd Carmel

Lampeter Food Bank | Banc Bwyd Llanbed Many thanks to Barry who is arranging for donations to be taken directly from church to the Food Bank. There is a box in the porch each week. If you feel able to add something, please note they have a regularly updated list of needs. Please see the box below for a current list of needs.

Parish Feast Day Please see the poster in the porch and the list of desired food items to bring along. Could you bring a plate of something to add to the party? Holy Mass at 6pm followed by a buffet in the hall. Please do make an effort to come to this lovely occasion for our parish. You can contact Mary on 07814 937951 for more information.

Donations If you'd like to donate to the mission of Aberystwyth parish, you can do so via the parish website or using this QR code. Many thanks for your generosity.



Food Bank Donations Collection points are in each church porch. Recent needs include:

Aberystwyth: spaghetti, Weetabix, porridge sachets, tinned tuna, jam.

Aberaeron: grateful for whatever you can give.

Lampeter: tins of meat, tinned tomatoes, tinned fruit, cereal, jam, tea, coffee, sugar, toothpaste, soap, shampoo, toilet rolls.