

Catholic Parishes of Aberystwyth and Lampeter

Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs Church

Holy Cross Church

Our Lady of Mount Carmel

Piercefield Lane, Aberystwyth, SY23 1RX Victoria Street, Aberaeron, SA46 0DA Pontfaen Road, Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Matthew Roche-Saunders (matthew.roche-saunders@menevia.org)

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Facebook: **Ceredigion Catholics**

29th September 2024 | 26th Week in Ordinary Time | Year B | Weekday Year II

Date Dyddiad	Aberystwyth Welsh Martyrs Merthyron Cymru	Aberaeron Holy Cross Groes Sanctaidd	Lampeter Llanbed Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 29th September 26 th Sunday in Ordinary Time Sul Cyffredin 26	5.15pm Confessions Saturday 6pm Vigil Mass <i>Holy souls</i> 8.30am Offeren yn Gymraeg (Mass in Welsh) <i>Holy souls</i> 10am Confessions 10.30am Holy Mass <i>People of the Parish</i> 12-2pm Young Adults Brunch	8.40am Confessions 9am Holy Mass <i>Friends of the Suffering Souls</i>	11am Holy Mass <i>Priest's intention</i> 6pm Polish Mass <i>Priest's intention</i>
Mon 30th September St Jerome			
Tue 1st October St Therese of Lisieux	4pm First Confessions		6pm Adoration 7pm Holy Mass <i>Donor's intention</i>
Wed 2nd October Guardian Angels	9am Adoration & Confessions 10am Holy Mass <i>Holy Innocents</i>		
Thu 3rd October	6.30pm Confessions 7pm Holy Mass (on campus) <i>Priest's intention</i>	9.30am Adoration/Confessions 10.30am Holy Mass <i>Dennis & Marlene Fecci RIP</i>	
Fri 4th October St Francis of Assisi	5pm Adoration/Confessions 6pm Holy Mass <i>Donor's intention</i> 6.40pm-7.45pm Morning Star		
Sat 5th October St Faustina Kowalska	10am-10.30am Confessions 11am First Communion Mass <i>Candidates & families</i>		
Sun 6th October 26 th Sunday in Ordinary Time Sul Cyffredin 26	5.15pm Confessions Saturday 6pm Vigil Mass <i>Cyrill Bednar O.Cist</i> 8.30am Holy Mass <i>Priest's intention</i> 10am Confessions 10.30am Holy Mass <i>Sam Hall</i>	8.40am Confessions 9am Holy Mass <i>Joyal George RIP</i>	11am Holy Mass <i>People of the Parish</i> 12.15pm Open Parish Meeting
Sunday Plate Collection Casgliad y Sul <i>Thank you for your generosity! Diolch am eich haelioni!</i> TBC (Aberystwyth/Aberaeron) £125.00 (Lampeter)			

Supply We welcome Canon John Udris from the Diocese of Northampton to Aberaeron and Lampeter this Sunday.

Kneelers (Aberystwyth) The kneeler project is now complete! Many thanks for your generosity and patience to make this possible. In addition to the new kneelers, there is also now a 'prie-dieu' in front of the altar, which means that in our three churches it is now easy for those who like to kneel when receiving Jesus in holy Communion.

Second Collections Many thanks for your donations for Evangelii Gaudium Sunday, which in Lampeter raised £36.05, and in Aberystwyth has so far raised £125.46 (the Holy Cross collection has yet to be counted). This Friday is Cafod Fast Day for which there are envelopes in the porch – please place them in next weekend's collection.

Fashion Fundraiser Many thanks to the fundraising team and to St Padarn's for their hard work in selling loads of pre-loved items last weekend which raised £315.92, and rescued clothes that may otherwise have gone to landfill.

Chukwu aluka! Llongyfarchiadau! We welcome little Leonora Chizaram Sopoluchukwu into the family of the Church during 10.30am Mass this Sunday. Please pray for her family to be strong witnesses of faith, hope and love.

Young Adults Brunch (18+) This monthly event takes place after the 10.30am Mass. Come along for food and chat, a talk about the month of the Holy Rosary, and some Eucharistic Adoration until 2pm. Lifts into town are available!

SVP Awareness Month Did you know...? A 'Vinnie Pack' is what the SVP gives to someone living in the winter cold – a hat, gloves, 2 pairs of socks, toothbrush and toothpaste, a pen and some information. The 'Mini Vinnies' are the youngest SVP members, aged 7-11 – we have a group in Ysgol Padarn Sant. Please pray for the work of the SVP.

Laudato Si The garden has some woodwork jobs needing doing – if you could help, contact Nick on 07455 431177.

Month of the Holy Rosary October takes the Holy Rosary as its prayer focus – we'll keep this focus by praying the Rosary together each weekday, at the beginning of the times of Adoration in our three churches.

'Taste and See' Would you like to know more about our Catholic faith? All welcome to this nine-part series from October 2nd until Easter, with sessions every three weeks on Wednesday evenings, and activities for children so parents can attend. Participants are asked to register for the series. Please email Fr Matt for more information.

Morning Star The next 'recollection' for the women of the parish is on Friday 4th October. There will be a 30-minute preached meditation (this month about 'praying with Our Lady'), then a time of Eucharistic Adoration with Confessions available, finishing with Benediction at 7.45pm. Stay on afterwards for a drink or something to eat!

First Holy Communion Please pray for our young candidates who prepare to encounter Jesus in two sacraments this week – on Tuesday they receive God's mercy in the Sacrament of Reconciliation for the first time, and on Saturday they receive Jesus, the Bread of Life. We've spoken in the classes about how these two sacraments are 'twins' who go together – the 'welcome back' embrace of the Father in confession, and then the feast He lays on in Holy Communion. We pray that we too can rediscover the joy of communion with God made real for us in these two sacraments. Holy Mass next Saturday will be at the slightly later time of 11am – all welcome.

Parish Meeting (Lampeter) We look forward to meeting after 11am Mass on Sunday 6th October to chat about different aspects of our parish. All welcome, and all ideas too – but please contact Fr Matt before Thursday 3rd October if you would like your topic to be included on the agenda (no new topics will be added on the day).

Our Father Talk Series The next talk in the series ('*Forgive us our trespasses, as we forgive those who trespass against us*') will be on Sunday 6th October at 5pm in All Saints Church, Llangorwen, given by Fr Matt. This church has a connection with St John Henry Newman (to be explained!), and so the talk will reflect on Newman's own understanding of forgiveness. The talk will be **bilingual** English and Welsh – live translation will be available for those who don't speak both languages. We'll also have a time of prayer and some refreshments.

Gazebo Club October 9th trip to Llanerchaeron for our seniors' group. Call Madeleine for details (07866 626519).

Parish Pilgrimage to Capel Eidalwyr, Henllan We'll take a trip to this old chapel in Lampeter parish, built by Italian prisoners of war in the 1940s, and now Grade II* listed because of its historical significance. The trip is on Thursday 31st Oct, £10pp to cover a guided tour of the Chapel and travel costs. We hope to celebrate Mass there and then find somewhere for lunch (price not included). Contact Madeleine to book a place (07866 626519).

Safeguarding If you ever have concerns about how a child is treated in church, it's important to make that known. You can alert Fr Matt, or Tess Truss the Parish Safeguarding Representative, whose details are always on this newsletter. If there is an immediate risk of danger to the child, go directly to the police, the social services, the On-Duty Social Worker (01545 574000), or our Diocesan Safeguarding Coordinator (safeguarding@menevia.org.uk).

SoundCloud Some of Fr Matt's Sunday homilies are now available if you'd like to listen again or share. Go to <https://on.soundcloud.com/Tz4Ap>, where they will be uploaded as and when recorded.

Donations If you'd like to donate to the mission of Aberystwyth parish, you can use this QR code. Many thanks for your generosity.



Food Bank Collection points are in each church porch. Recent needs include:

Aberystwyth: tinned tuna, tinned soup, spaghetti rings, tinned fruit, shampoo/shower gel.

Aberaeron: grateful for whatever you can give.

Lampeter: strong 'Bags for Life', pasta, sugar, tea, small jars of coffee.

Diolch yn fawr iawn – thank you very much!